



Enlightening Times Magazine.

The Enlightening Times Magazine is a Quarterly Free subscription Magazine, and is created by unpaid volunteers to provide education and information about issues of a spiritual nature, regardless of religious viewpoints, and, or social class. Visit link below to Subscribe to The Enlightening Times.

<http://www.enlighteningtimes.co.uk/Subscribe.html>

The Enlightening Times also has its own Social Networking Community for individuals seeking meaningful connections with others on a Spiritual path. To connect with other members and access the site please sign up and login. Meet others interested in Spirituality as a way of life, share your experiences, wisdom & knowledge.

Illumination through honesty, integrity and intent.

[www.enlighteningtimes.co.uk/community](http://www.enlighteningtimes.co.uk/community)

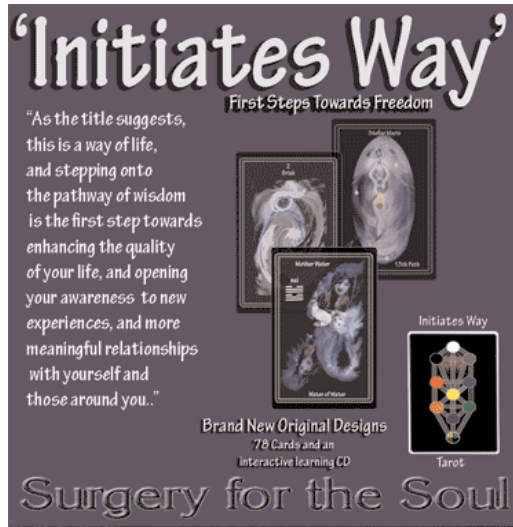
Gifts from the Heart @



Please Call or Text  
**07842727408**  
for more Info  
Orders & Commissions

Email: [jade@esoteric-art.co.uk](mailto:jade@esoteric-art.co.uk)  
Website: [www.esoteric-art.co.uk](http://www.esoteric-art.co.uk)

## Initiates Way Tarot & Interactive CD



Tarot cards have long been used as an analytical tool, literally for getting an outside perspective of a situation and also as a tool for psychic and spiritual development. Tarot Cards are reputed to enhance psychic powers through the changes in consciousness via the subtle imagery contained on each card. The ability to use precognitive,

or intuitive, powers of the mind is latent within all humans and the decision whether or not to use this gift is purely left to each individual.

Divination is just like any other skill, it must be repeated and practiced and cannot be learned overnight. There are people who can do this naturally, or who are born with the ability, and this may be as a result of being able to access knowledge from their past lives and are able to tap into these memories as a result of that.

The Initiates Way Tarot System includes 78 Original Cards and a Cd that you can use to teach yourself how to read the Tarot. This complete learning system also introduces you to the Qabalah and importance of Meditation for Spiritual development. Only £32 to change your life!

<http://www.surgeryforthesoul.co.uk/Initiateswaytarotcd.htm>



### Spiritual Guidance and Tarot Readings with Jade Ashcroft

One to one sessions can be booked in advance by either phoning to arrange a time or booking via the website.

It is £25 for a one to one reading which will normally take about an hour to perform.

Some Readings are longer than others depending on the needs of each individual. Parties must be booked at least a week in advance and there is normally a booking fee of £40. If you would like to book a party please note that 5 is the maximum readings that I can do in one evening. Party bookings are subject to negotiation depending on how many readings are wanted. It is £25 per person for the evening.

If you can't come to see me physically there are other ways that I can perform your reading.



<http://esoteric-art.co.uk/gallery/>

For more information and booking online.

## Hand Painted Soulsapes Greetings Cards



3" x 7.75"  
Watercolour and Acrylic

Why not commission an extra special greetings cards for only

£3.00 each

Each Card comes with an envelope and sealed in plastic for protection. (Blank inside for your message) You can specify colours or let Spirit decide!

Soulsapes Greetings cards are Original Hand Painted Cards, tailored to suit the individual needs of each person.

Choose a chakra colour... or your favourite colour.

Either way you get something new and just for you!

[http://esoteric-art.co.uk/gallery/catalog.php?categ\\_id=7](http://esoteric-art.co.uk/gallery/catalog.php?categ_id=7)

\*All Soulsapes Paintings can be printed as greetings cards.

If you would like cards or Prints made please contact me!!!

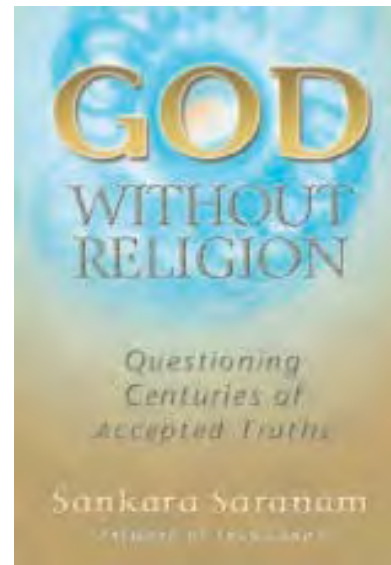
This Ebook was written by Jade Ashcroft and is an introductory guide to creating a set of runes for personal use.

It provides a comprehensive guide to the meaning of each rune and how to use it for divination and magick. A Surgery for the Soul publication 2006

You can either have a CD

of the Book, or have a digital copy emailed to you.

[http://esoteric-art.co.uk/gallery/catalog.php?categ\\_id=8](http://esoteric-art.co.uk/gallery/catalog.php?categ_id=8)

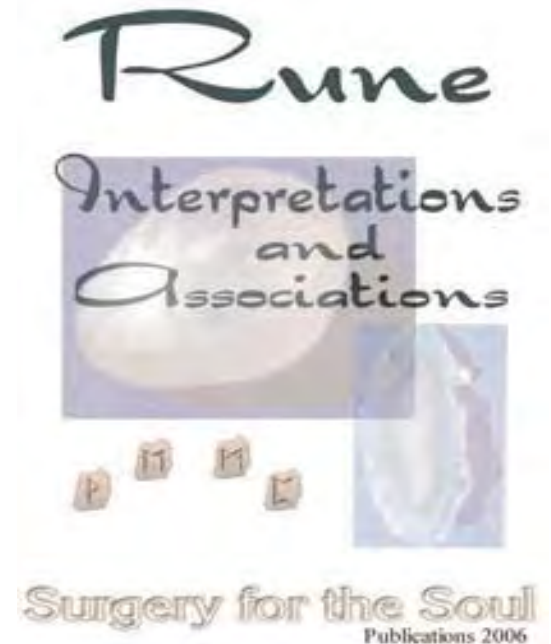


**Sankara Saranam** shows why organized religion has long been the cause of humanity's worst wars and most acute suffering—then guides us beyond our divisive history into more expansive perceptions capable of creating a unified, peaceful future.

This fantastic Hardcover book can be ordered here :

<http://surgeryforthesoul.co.uk>

Or I can put you in touch with a local supplier (in NW Cumbria)



## Hand Made Dreamcatchers

The word Dreamcatcher means "dream snare" and when hung in a window it is purported to hold bad dreams in its web, dissipating them with the Sun's first rays. Good dreams pass through the net and slide down the feathers to the sleeper.



The "dream-catcher", hung above the bed, can also be used as a charm to protect sleeping children from nightmares.

You can choose from two sizes of Dreamcatchers 10" ring or 6" ring, and whatever colour you want the main dreamcatcher to be. Every Dreamcatcher is unique and made especially for you, and no two ever look the same. visit the webstore link and type dreamcatcher!

<http://esoteric-art.co.uk/gallery/>

## Sage & Lavender Smudgesticks

The ritual of smudging can be defined as "spiritual house cleaning." In theory, the smoke attaches itself to negative energy and as the smoke clears it takes the negative energy with it, releasing it into another space where it will be regenerated into positive energy. Only £2.95 each while stocks last.

It is best to Smudge during a waning moon.



## Esoteric Art Calendar 2010

Esoteric  
Art  
Calendar  
2010

Esoteric Art Calendar 2010

\* 12 "Soulscapes"  
\* Lunar Calendar  
\* Equinox / Solstice

**Order Now!**

Start 2010 with creative inspiration.

This New Soulscapes Calendar has a painting from the Esoteric Art Collection for each Month.

The Moonphases have been calculated and are shown as First Quarter, Full Moon, Last Quarter and New Moon, so that you can plan ahead using the Lunar Cycle.

The inclusion of the Solstices and Equinoxes prepares you for the coming changes in daylight and the festivities during each turn of the wheel. Once you have ordered your Calendar from the Webstore

Please wait 7 - 10 days and your Esoteric Art Calendar will be posted out to you.

Order your Calendar from the Esoteric Art Webstore Now!

<http://esoteric-art.co.uk/gallery/>

If you have any questions please Email

[info@esoteric-art.co.uk](mailto:info@esoteric-art.co.uk)

## Jewellery by Commission

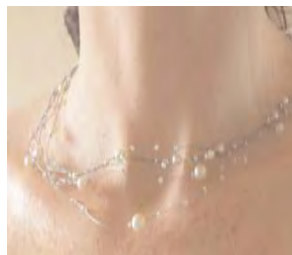
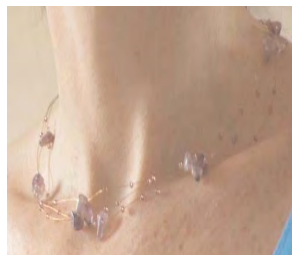


Jade hand crafts her jewellery and it is tailored to suit each individual.

Each piece is unique and incorporates Silver Plated, or antique copper wire and findings, and semi precious beads and gems. A choker necklace and a matching

bracelet set can be ordered now for as little as £12.50 .

Why not commission an original Necklace for yourself or as a gift for only £9.00. You can order a necklace to be made by phone, email or through the webstore. Please allow 7 to 10 days for your gift to be made after your initial order.



## The Usui Method of Reiki - Tuition



[www.reiki-cumbria.co.uk](http://www.reiki-cumbria.co.uk)

"Reiki is a life-enhancing art. For those suffering from illness, it is a means of returning to health. For the healthy it is a means of refining mind, emotions and body; calming the soul, clarifying the thought-processes and powers of perception; assisting suppressed creativity to awaken and blossom; and of revealing glimpses of our True Selves."

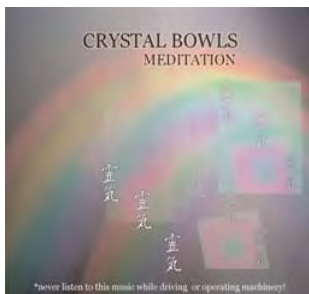
Training for Reiki Level 1, Level 2 and Masters is available.

Tuition can be given in a one to one setting or as a part of a group. The initial Spiritual Practices of the Usui Method of Reiki focus on 'cleansing', 'opening' and 'Mindfulness' as a precursor to self-healing. Reiki is considered by some as purely an empowerment for developing healing abilities (ie. for healing others), but it is more importantly a tool for deepening ones own spiritual development and discovering ones own true essence.

Usui teachings are about 'Personal Mastery' and 'healing of the self' Every individual had the capacity to fully know themselves. For more information about Reiki Attunements and Healing please visit the Website.



## Guided and Instrumental Meditation CD's



### Crystal Bowls Meditation CD

Crystal bowls cleanse with sound frequencies, and assist in releasing negative energy blocks. Instrumental. Running time 30 mins. £7.00



### Lavender Streams (out of body experiences)

This Meditation Music can be used to promote deep relaxation, and attain the expanded consciousness states; synonymous with out of body experiences. Instrumental. 25mins

[www.esoteric-art.co.uk/gallery](http://www.esoteric-art.co.uk/gallery)

### Seastroll Meditation CD

Seastroll is a 38 minute Audio Meditation designed with the specific purpose of taking you to a calm inner space, that you can visit in times of stress. This audio is also perfect for use during Reiki Healing or Massage.



©Surgery For The Soul 2007

### Stellar Maris Guided Meditation

This meditation is specifically designed to awaken latent abilities. A combination of soothing music and waves of the sea. approx running time 38mins. Order from Jade or Online Store.



for more info visit <http://esoteric-art.co.uk/music.html>

## Reiki- The Usui Method of Natural Healing.

All forms of mental or spiritual healing, no matter under what name they travel, promise the same thing. The critical insight and understanding which it brings to bear upon the psyche releases tensions of various kinds.

Through this release the healing power latent within the human system operates more freely.

**Reiki** supports the body's natural ability to heal itself.



Healing occurs on all levels whether mental, spiritual, physical and emotional, and During a treatment energy blocks are loosened, and the body is cleansed of toxins. Intuitive awareness is increased and the immune system strengthened. Reiki also assists meditation by increasing psychic sensitivity.

You can book a one to one session £35 for first session and £20 an hour for subsequent sessions. Distance Treatments are also available if you cannot attend in person. These are carried out over the Phone. Gift vouchers are available for Reiki treatments, Tarot Readings or Gift Purchases from the Store.

If you have any questions you would like to ask before booking a treatment. Please call Jade on 07842727408 or email [jade@reiki-cumbria.co.uk](mailto:jade@reiki-cumbria.co.uk) or see the website for more info.

<http://www.reiki-cumbria.co.uk>

## Commissions and Soulscapes

"SoulScapes are inspirational scenes given to me by the spirit world which portray other realms, spiritual paths and the magick of the natural world."

Commission an individual Soulscape Painting on box canvas, in Oils, by Jade Ashcroft. View the esoteric art collection online:  
<http://www.esoteric-art.co.uk/Esoteric%20Art%20Jade%20Ashcroft.html>



£125.00 for a 50cm X 60cm Box Canvas Oil Painting

Different sizes are available on request.

Contemporary commissions also welcome.

Please contact me with any questions

## Spirit Guide Portraits

We all have spirit guides who we have chosen to work with us before we came to the earth plane. In having a portrait of one of your spirit guides, you are strengthening the link between the two planes of existence. Some people are more sensitive than others and they receive clearer visual impressions of their guides than those who are still in their early spiritual development stages.



Spirit Guide Portraits are created on A3 Cartridge paper in Soft Pastels & Inks, unless other medium is requested, at £35.00 each

<http://www.surgeryforthesoul.co.uk/spirit%20guide%20paintings.html>